توسعه مراقبت معنوی از بیماران در حال مرگ در ایران: ضرورتی مفهول مانده

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بیماران، توجه به نیازهای روانی، اجتماعی، معنوی وی می‌باشد در زمان اختصاصی باشی ارائه گردیده با توجه به اینکه ایران، کشوری است که در تعداد معنوی از بیمارستان‌های ایران، روحنا و اجتماعی انسان با معنوی ارائه داده، برای اهداف مربوط به مطالعه‌های بانک اطلاعاتی مراقبت معنوی می‌پردازند آماده به روشهایی که ارائه خدمات مراقبت معنوی می‌پردازند اما باز هم یک دستورالعمل یکپارچه برای چنین امری وجود ندارد(1). مطالعات متعددی در ایران داده که پرستاران از صلاحیت‌های لازم برای ارائه مراقبت معنوی برخوردار نیستند(2). و این در حالی است که در کشورهای غربی، مراقبت‌های معنوی به عنوان یک حسی می‌باشد از عملکرد پرستاری یعنی ارائه خدمات مراقبت معنوی را جزو فعالیت‌های روزانه خود می‌دانند(3). ازجمله نیازهای معنوی پایه داده داده شده در ایران، فراهم نبودن امکان مرگ با آرامش در بیمارستان‌ها(4) برای ارزیابی در حال مرگ احساس ارزشمندی می‌تواند به منزله نوعی احساس بهبودی باید ریزمانی که انجام اقدامات استاندارد پزشکی افراده‌های تجربی ممکن است بهبودی مرگ از طریق مراقبت معنوی صورت گیرد(5).

تعهد کنی در ایران از اهمیت مراقبت معنوی برای بیماران که اطلاعات ویژه در مورد روانی باید در هر مرحله وسایل کمکی برای بهبود کلیه بیماران در ایران ارائه می‌گردد. در اینمکن است بهبودی مرگ از طریق مراقبت معنوی صورت گیرد(6).

در ایران با اساس منشور حقوق بیماران در مراحل پایانی جیبی، خدمات مراقبت‌های باهنر حفظ آسیب‌پذیر بیمار کلیدی کاهش درد

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SPiritual care of end of life patients in iran: a neglected nursing practice

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Spirituality as one of the human being aspects, is associated with all domains of health and disease as well as the source of power and improvement in patients (1). Although, all of patients have spiritual needs, but end of life patients that encounter with unassertiveness, spiritual needs are very important (2). Nurses have responsibility to carry out spiritual care ethically and professionally (3). Spiritual care providing can create mental comfort and make purpose and meaning in patients' lives (4) so that it has caused the American Nurses Association (ANA) has included the spiritual care as own standards and ethical codes and also has integrated it as component of nursing education curriculum (5).

Considering the vital importance of spiritual care, evidences has showed that spiritual care providing has not performed by many health professionals in throughout of world so that it is one of health care delivery system challenges in end of life care arena. However, has performed some actions about spiritual health education, few of nurses has acquired enough knowledge about this issue (3). Meanwhile, according to literature although the most of nurses consider spiritual care as vital component of whole nursing, only half of them carry out spiritual practice and often this care was neglected by them (6).

In Iran based on patient right charter end of life care must be done to provide comfort to patients including pain relief, and considering psychological, social and spiritual needs in the time of death (7). In IRAN, as an Islamic country there is not spiritual nurse in the hospitals even practitioner nurses do not train about spiritual dimension of care result in they are not prepare to provide spiritual care. Although, there are religious oriented clergies in some hospitals but there is not an integral guideline for important issue (8). Many studies in IRAN indicated that nurses do not have necessary competencies to provide spiritual care (3, 9). According to literature in the western countries spiritual care was included in the nursing practice and all of nurses accepted it as an important component of daily nursing care (10). One of the unanswered spiritual needs in Iran is the inability to die peacefully in hospitals (11). For end of life patients feeling value and experiencing love can create feeling of wellbeing because when the medical actions are useless spiritual care can improve their health status (12).

The most of nurses in IRAN know what is spirituality and spiritual care but they cannot provide spiritual care due to some practical problems such as lack of hospital specified policy (1). According to some studies in our country the main barriers to provide spiritual care are following: high nurses work load, time restrictions, cultural limits, lack of nurses knowledge about spiritual needs, having routine nursing practices, lack of eligibility in some nurses, complexity of spirituality with religious rituals and sex differences between nurses and patients (11). Adib Hajbaghery found that motivation of nurses are very low due to lack of support system from nursing managers. He added there is a climate of lack of spiritual support in the nursing system. When nurses don't receive enough spiritual and financial support to meet own and their clients, they do not capable to meet patients basic needs such as spiritual needs (13). In other side, the requirement of spiritual care is applying client center approach (14). There is a basic problem because in IRAN health care system medical system is a dominant system and all of patients' actions must be ordered by doctors. Today nursing routine based practice is under debate and all of nursing pioneers try to find an alternative approach as client centered and holistic focused (15).

Considering to effectiveness of spiritual care in promotion of patients' quality of life in end of life period, spiritual care must be emphasis by nursing managers. All of health policy makers must consider to this vital issue in health care delivery system. Also, according to main role of nurses in addressing patients spiritual needs in spiritual crises it is necessary spiritual education must be integrated in all nursing education programs and clinical nursing in service.

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